

Spiritual Direction DMin Concentration Fuller Theological Seminary

Overview

The Doctor of Ministry cohort in Spiritual Direction will offer a variety of different learning environments and structures that will allow the students to engage spiritual direction conceptually and practically. Each year core faculty will meet with students for a 10-day period in a retreat setting. The class will also include an on-line component to allow for enhanced learning while students are away from the face-to-face classroom experience. The curriculum will focus on blending advanced helping skills with classical and evangelical approaches to spiritual direction.

Specific Program Objectives

1. Provide a three-year program for spiritual direction training that blends theory and praxis.
2. Incorporate spiritual direction clinical skills (applied counseling and people helping) training into spiritual direction training.
3. Offer a concentration on Christian spiritual formation as understood and practiced by the early church.
4. Offer a concentration on classical models of spiritual direction with particular emphasis on Ignatian theory and practice.
5. Offer a concentration on evangelical contributions to Christian spiritual formation with particular emphasis on the thought of Dallas Willard.
6. Provide the highest possible Christology.
7. Commitment to the development of a substantial Christian Theology of spirituality and spiritual formation.
8. Ecumenical Dialogue

Proposed Format

Year One Faculty: Trevor Hudson, Christopher Hall, Patti Pierce, Kirsten Burdick, and Gary Moon

The concentration of the first gathering is to frame the entire three-year experience, developing a broad and robust understanding of “Christian Spirituality” in general and “Spiritual Direction” in particular. Special attention will be given to the spirituality of the early church. Components of the course will focus on: 1) the history of Christian spirituality, from its roots in ancient Israel through the early church; 2) Ignatian spirituality; 3) Evangelical understanding of Christian spiritual formation; and 4) the “clinical skills” aspect of spiritual direction. This course will meet at a retreat center in Pasadena or Santa Barbara.

Year Two Faculty: Trevor Hudson, Christopher Hall, Patti Pierce, Kirsten Burdick, and Gary Moon

A heavy emphasis of year two will be classical models of spiritual direction, with a particular focus on Ignatian spirituality. However, the four course themes will continue to be developed: 1) Christian spiritual formation and the early church; 2) Ignatian spirituality; 3) Evangelical understanding of Christian spiritual formation; and 4) the “clinical skills” aspect of spiritual direction. In the second year, the class will also meet in either Pasadena or Santa Barbara.

Year Three Faculty: Trevor Hudson, Christopher Hall, Patti Pierce, Kirsten Burdick, and Gary Moon

An additional faculty member will be brought in to focus on aspects of spiritual direction in the context of the local church. The four course themes will continue to be developed: 1) Christian spiritual formation and the early church; 2) Ignatian spirituality; 3) Evangelical understanding of Christian spiritual formation; and 4) the “clinical skills” aspect of spiritual direction. In the third year, the class will also meet in either Pasadena or Santa Barbara.

Instructors

Gary W. Moon is the Executive Director of the Martin Institute for Christianity and Culture and the Dallas Willard Center for Christian Spiritual Formation, at Westmont College. He is one of the founding editors of the *Conversations Journal* and has directed the Renovaré Institute since 2007. He is the author of numerous books including *Spiritual Direction and the Care of Souls* (Edited with David G. Benner), *Falling for God*, and *Apprenticeship with Jesus*. He lives in Santa Barbara, with his wife, Regina and has two grown daughters and one son-in-law.

Trevor Hudson has been part of the Methodist movement for over 30 years serving primarily around Johannesburg, South Africa. He is deeply committed to

the work and ministry of the local congregation. His leadership has been shaped in the crucible of the South African experience. In the post-apartheid era, he has been one of the leading voices in reconciliation and restoration in the Christian community. He is also the author of numerous books on spiritual formation including *The Cycle of Grace*, *Hope Beyond Your Tears*, *The Serenity Prayer*, *The Way of Transforming Discipleship Participant's Book*, *A Mile in My Shoes*, and *Discovering Our Spiritual Identity: Practices for God's Beloved*. Trevor's two children, Joni and Mark, each were married this year!

Christopher Hall has served over the past nine years in a number of administrative roles at Eastern: Dean of the Templeton Honors College, Dean of Palmer Theological Seminary, Provost, and Chancellor of Eastern University. He recently moved back into full-time teaching and is happy to be back in the classroom. Dr. Hall possesses a B.A. from UCLA in history, an M.A. in biblical studies from Fuller Theological Seminary, a Th.M. from Regent College, and a Ph.D. from Drew University. He serves on the editorial board of Christianity Today and was the associate editor of the Ancient Christian Commentary on Scripture. He has published articles and book reviews in Christianity Today, Catalyst, Christian History, in Ministry, Books and Culture, Christian Scholars Review, Modern Theology, and Crux. He and his wife Debbie have three children, Nathan, Nathalie, and Joshua and are members of the Episcopal Church.

Spiritual Directors

Patti Pierce is Founder and President of WellSpring. Patti served as Teaching Leader for Bible Study Fellowship and Minister to Singles at Menlo Park Presbyterian Church. She is a frequent conference and retreat speaker and trained spiritual director.

Kirsten Burdick is the Program Coordinator for the Martin Institute and Dallas Willard Center for Spiritual Formation at Westmont College. Kirsten earned her BA from Westmont College in Santa Barbara, CA and her Master of Divinity from North Park Theological Seminary in Chicago, IL. She is also a trained spiritual director and an ordained minister in the Evangelical Covenant Church. Prior to working at Westmont, she served on pastoral staff at two different churches and most recently as the Director of Admissions for North Park Theological Seminary.

Training Rubric

	Components	Work at Home	Work During Class
Year One	<ol style="list-style-type: none"> 1. Clinical Skills 2. Classical Models: Early Church 3. Classical Models: Ignatian Spirituality 4. Evangelical Contributions 	<ol style="list-style-type: none"> 1. Receiving Spiritual Direction 2. Readings: History of Christian Spirituality 3. Readings: Introduction to Ignatian Spirituality 4. Readings in Evangelical Contributions to Christian Spiritual Formation (Readings enhanced by on-line lectures) 	<ol style="list-style-type: none"> 1. Basic Helping Skills Necessary for Spiritual Direction (Video feedback) 2. Lectures on History of Christian Spirituality 3. Introduction to Ignatian thought and practices. 4. Lectures on Dallas Willard's Contributions to Christian Spiritual Formation.
Year Two	<ol style="list-style-type: none"> 1. Clinical Skills 2. Classical Models: Early Church 3. Classical Models: Ignatian Spirituality 4. Evangelical Contributions 	<ol style="list-style-type: none"> 1. Providing Spiritual Direction w/ Supervision 2. Readings: Practices of Early Church Spirituality 3. Ignatian Spiritual Direction (Readings); 5 or 8 Day Ignatian Retreat 4. Readings in Evangelical Contributions to Christian Spiritual Formation II (Readings enhanced by on-line lectures) 	<ol style="list-style-type: none"> 1. Advanced Helping Skills (Video feedback); Peer Direction (Individual) 2. Lectures on Practices of early Church Spiritual Formation 3. Ignatian Spirituality 4. Lectures on Dallas Willard's Contributions to CSF II
Year Three	<ol style="list-style-type: none"> 1. Clinical Skills 2. Classical Models: Early Church 3. Classical Models: Ignatian Spirituality 4. Evangelical Contributions 	<ol style="list-style-type: none"> 1. Providing Spiritual Direction with Supervision—year II 2. Readings: Early Church Spiritual Direction 3. Ignatian Spiritual Direction (Readings); 30-day or 30-week retreat 4. Leading Renovaré-type groups 	<ol style="list-style-type: none"> 1. Advanced Helping Skills (Video feedback); Peer Direction (Group) 2. Becoming a Formational Congregation 3. Ignatian Spirituality and Church Ministry 4. Intentional Evangelical Christian Spirituality and Church Ministry

Year One

Components	Theme	At Home	In Class
Clinical Skills	Practicum	Experiences/Reading	Lectures/Experiences
		1. Receive Spiritual Direction (9 Sessions)	1. Teaching and practice of Listen Skills
		2. Two Spiritual Retreats (24/48)—On-line posting of experience	2. Listening to your Life
		3. Monthly Practices with <i>Philokalia</i>	3. Spiritual Direction Role Playing
		4. Daily Examen	4. 2-Day Retreat (life-stories theme)
		5. Crafting and Experiencing Rule of Life	5. Issue in Spiritual Direction (Gender, Ind. differences, faith development)
		6. The Art of Spiritual Guidance (Gratton)	
		7. Skilled Helper (Egan)	
		8. Spiritual Direction and the Care of Souls (Moon and Benner)	
Classical Models: Orthodox Spirituality	Overview of Christian formation in the early church	Readings	Lectures
		1. A Beginner's Guide to the Philokalia (Coniaris)	1. The Place of the Desert
		2. Learning Theology with the Church Fathers (Hall)	2. The Practices of the Desert
		3. Desert Christians (Harmless)	3. The Prayer of the Desert
		4. Philokalia: Selections Annotated & Explained	
Classical Models: Ignatian Spirituality	Overview of Ignatian Spirituality	Readings	Lectures
		1. The Jesuit Guide to Almost Everything (Martin)	1. Ignatian Spirituality: A Vision of Spiritual Formation for our Times
		2. What is Ignatian Spirituality (David Fleming)	2. Ignatian Forms of Prayer
		3. The Practice of Spiritual Direction (Barry and Connolly)	3. Ignatian Spiritual Direction: Introduction
Evangelical Contributions	Understanding the Person and the Kingdom of God	Readings/On-line Lectures	Lectures
		1. Divine Conspiracy (Willard)	1. Living in the Kingdom of God
		2. Renovation of the Heart (Willard)	2. Understanding the Person: The Total Human System
		3. Apprenticeship with Jesus (Moon)	3. It is actually possible to become like Jesus
		4. Discovering our Spiritual Identity (Hudson)	

Year Two

Components	Theme	At Home	In Class
Clinical Skills	<i>Practicum</i>	<i>Experiences/Reading</i>	<i>Lectures</i>
		1. Receive Spiritual Direction (9)	1. Teaching and practice of Listen Skills
		2. Two Spiritual Retreats (24/48)—On-line Posting	Spiritual Direction Role Playing
		3. 5-day Ignatian Retreat as one of the two retreats	2. Group Spiritual Direction Role Playing
		4. Monthly Practices with Renovaré Themes	3. 2-day retreat
		5. Experiencing Rule of Life—will include daily Examen	
		6. Begin providing spiritual direction	
		7. The Practice of Spiritual Direction (Barry/Connelly)	
		8. Sacred is the Call (Buckley)	
		9. Holy Listening (Margaret Guenther)	
Classical Models: Orthodox Spirituality	<i>Orthodox practices in spiritual formation</i>	<i>Readings</i>	<i>Lectures</i>
		1. Worshiping with the Church Fathers (Hall)	Worship in the Early Church
		2. Reading Scripture with the Church Fathers (Hall)	Scripture in the Early Church
		3. The Study of Spirituality (Jones, Ed)	Orthodox Spiritual Direction
Classical Models: Ignatian Spirituality	<i>Advanced Understanding of Ignatian Spirituality</i>	<i>Readings</i>	<i>Lectures</i>
		1. Holy Spirit Here and Now (Hudson)	1. Ignatian Spiritual Direction II
		2. Alone on the Foot-Brain (Brian Grogan)	2. Ignatian Discernment and Discernment of Spirits
			3. Ignatian Decision-Making
Evangelical Contributions	<i>Living in the Divine Conversation</i>	<i>Readings/On-line Lectures</i>	<i>Lectures</i>
		1. Hearing God (Willard)	1. Living in Conversation with God
		2. Spirit of the Disciplines (Willard)	2. Christian Disciplines and Character
		3. Knowing Christ Today (Willard)	3. Salvation as a life of knowing God

Year Three

Components	Theme	At Home	In Class
Clinical Skills	<i>Practicum</i>	<i>Experiences/Reading</i>	<i>Lectures</i>
		1. Receive Spiritual Direction (9)	1. 2-Day Retreat
		2. Two Spiritual Retreats (24/48)	2. Reflections on Supervision
		3. 8-day; 30-day or 19 th Annotation Ignatian Retreat as one of the two retreat experiences	
		4. Monthly Practices with Prayer Themes	
		5. Experiencing Rule of Life—will include daily Examen	
		6. Readings: Supervision Book and Beyond Beginnings	
Classical Models: Orthodox Spirituality	<i>Emphasis will shift to congregational care context</i>	<i>Readings</i>	<i>Lectures</i>
		1. A Guide to Orthodox Psychotherapy (Chrysostomos)	1. Implications for the local congregation
Classical Models: Ignatian Spirituality	<i>Ignatian Spirituality III</i>	<i>Readings</i>	<i>Lectures</i>
		1. Changed Heart, Changed World: William Barry	1. Review of Experiences with Exercises
		2. The Discernment Of Spirits- An Ignatian Guide For Everyday Living by T. Gallagher	2. Ignatian Ministry
Evangelical Contributions	<i>Living as Apprentices of Jesus</i>	<i>Readings/On-line Lectures</i>	<i>Lectures</i>
		1. Formation in the Church Focus	1. Discipleship as Apprenticeship
			2. Spiritual Formation in all the roles of life
			3. The church as a hospital for souls