

Cross-Cultural Loss Scale (CCLS)

Instructions

People experience losses when they are in a different country, such as access to food from back home, the ability to handle daily tasks in the new environment, and a sense of connectedness with others. Please rate the level each item below describes your situation based on comparing your experiences back in your home country with now living in this new country.

“Compared with your experiences back in your home country, NOW living in this new country you . . .”

1 **2** **3** **4** **5**
 not at all slightly moderately strongly completely

	Not at all	slightly	moderately	strongly	completely
1. have less in-person access to family members in your home country	1	2	3	4	5
2. have less access to welfare (e.g., health care, benefits) for citizens	1	2	3	4	5
3. experience more restrictions as a foreigner	1	2	3	4	5
4. have fewer opportunities for intimate relationships	1	2	3	4	5
5. have less knowledge of the resources available in your environment	1	2	3	4	5
6. have a more difficult time fitting in with others	1	2	3	4	5
7. have less access to the cultural environment of home	1	2	3	4	5
8. have less access to entertainment from your home country	1	2	3	4	5
9. have less access to food from your country	1	2	3	4	5
10. sense a loss of civil rights (e.g., employment, vote)	1	2	3	4	5
11. feel less connected to others around you	1	2	3	4	5
12. are less certain about how to behave appropriately in daily life	1	2	3	4	5
13. have to deal with additional requirements to stay in this new country	1	2	3	4	5
14. feel less engaged to daily topics in your surrounding	1	2	3	4	5

Source:

Wang, K. T., Wei, M., Zhao, R., Chuang, C. C., & Li, F. (2015). The Cross-Cultural Loss Scale: Development and psychometric evaluation. *Psychological Assessment*, 27, 42-53. doi:10.1037/pas0000027

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CCLS Scoring Key

- Access to Home Familiarity (AHF) = 1, 7, 8, 9
- Belonging-Competency (BC) = 4, 5, 6, 11, 12, 14
- National Privileges (NP) = 2, 3, 10, 13

Sum up the items corresponding to the three subscales to obtain your CCLS scores on Access to Home Familiarity (AHF), Belonging-Competency (BC), National Privileges (NP).

Sources for psychometric information:

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NOTE: You have my permission to use the CCLS for research only. Such use indicates agreement with the stated terms and involves appropriate citations in the event of publication. I would also like to be informed of any data gathered and findings on the scale.

For any questions, please contact **Kenneth T. Wang** at ktwang@fuller.edu.