

Perceived Perfectionism from God Scale (PPGS)

Instructions

The following items are designed to measure your perceptions of God. Use your first impression and indicate how much you agree with each item.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

Items	Ratings						
1. God has high standards for my performance at work or at school. [S]	1	2	3	4	5	6	7
2. My best just never seems to be good enough for God. [D]	1	2	3	4	5	6	7
3. God has high expectations for me. [S]	1	2	3	4	5	6	7
4. I rarely live up to God's high standards. [D]	1	2	3	4	5	6	7
5. God sets very high standards for me. [S]	1	2	3	4	5	6	7
6. God expects the best from me. [S]	1	2	3	4	5	6	7
7. I am seldom able to meet God's high standards of performance. [D]	1	2	3	4	5	6	7
8. God expects me to have a strong need to strive for excellence. [S]	1	2	3	4	5	6	7
9. God is hardly ever satisfied with my performance. [D]	1	2	3	4	5	6	7
10. God is often disappointed because He knows I could have done better. [D]	1	2	3	4	5	6	7

**Please do not include the subscale acronyms in blue font on the actual scale for participants. They are labeled to indicate which items correspond to which subscale for scoring purposes.*

[S] = Perceived Standards from God
 [D] = Perceived Discrepancy from God

Citation:

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