

宗教完美主义量表

Religious Perfectionism Scale

以下的句子描述的是人们对宗教信仰的态度与行为。请用1(完全不符合)到6(完全符合)表述你对每个句子的同意程度。

The following sentences describe some people's religious attitudes and behaviors. Please use 1 (strongly disagree) to 6 (strongly agree) to express your level of agreement with each sentence. There is no right or wrong answer.

		非常不同意	不同意	有點不同意	有點同意	同意	非常同意
1.	我坚持认为自己对宗教信仰的理解是不容置疑的 I insist that my understanding of belief is unquestionable	1	2	3	4	5	6
2.	宗教信仰占据了我生活的绝大多数时间 Religion has occupied most of my life	1	2	3	4	5	6
3.	我经常觉得自己在宗教信仰上离应有的标准还很有差距 I often think that I am far short of the standard that I should reach in religion	1	2	3	4	5	6
4.	我可以为宗教信仰而牺牲自己的生命 I could sacrifice my life for my religious faith	1	2	3	4	5	6
5.	我在生活中恪守宗教戒律和守则 I adhere to religious commandments and codes in my life	1	2	3	4	5	6
6.	我经常专注于自己在宗教信仰上做得不好之处 I often focus on what I do wrong in religion	1	2	3	4	5	6
7.	我常常因为自己的宗教信仰得不够虔诚而感到自责或内疚 I often feel remorse or guilt because I'm not devout enough in my religious faith	1	2	3	4	5	6
8.	我时刻把与宗教信仰有关的事务摆在第一位 I always put religious matters first	1	2	3	4	5	6
9.	即使我已经很努力了，我还是觉得自己在宗教信仰做得不够好 Even though I already try very hard, I still feel like I do not live out my religion well enough	1	2	3	4	5	6

出处 SOURCE:

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宗教完美主义量表 - 分量表與記分方式

RPS – Scoring Key

- 宗教热情 Zealous Religious Dedication (ZRD) = 1, 2, 4, 5, 8
- 宗教自责 Religious Self-Criticism (RSC) = 3, 6, 7, 9