## VITA

## Alexis D. Abernethy, PhD, CGP, FAGPA

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## **EDUCATION**

Ph.D., University of California, Berkeley, 1985 (Clinical Psychology) M.A., University of California, Berkeley, 1982 (Clinical Psychology) B.S., Howard University, 1980 (Psychology)

APA approved Internship, Clinical Psychology, Howard University Hospital, Washington, DC, 1985 Fellowship in Consultation Liaison Psychiatry, Howard University Hospital, Washington, DC, 1986

New York State License No. 009090-1 (July 1987) Certified Group Psychotherapist (1994) California State License No. 17059 (January 2001)

## FACULTY APPOINTMENTS

| 2008-present | Professor, Graduate School of Psychology,<br>Fuller Theological Seminary, Pasadena, CA                                                                                                                                     |
|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1999-2008    | Associate Professor, Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA                                                                                                                              |
| 1998-1999    | Assistant Professor, Graduate School of Psychology,<br>Fuller Theological Seminary, Pasadena, CA                                                                                                                           |
| 1995-1998    | Clinical Associate Professor of Psychiatry (Psychology) and Psychologist<br>Department of Psychiatry, Adult Ambulatory Services, University of Rochester<br>School of Medicine and Dentistry, and Strong Memorial Hospital |
| 1988-1995    | Assistant Professor of Psychiatry (Psychology) and Psychologist,<br>Department of Psychiatry, Adult Ambulatory Services, University of<br>Rochester School of Medicine and Dentistry, and Strong Memorial Hospital         |
| 1986-1988    | Senior Instructor in Psychiatry (Psychology) and Psychologist, Department of Psychiatry, Adult Ambulatory Services, University of Rochester School of Medicine and Dentistry, and Strong Memorial Hospital, Rochester, NY  |

# PROFESSIONAL ADMINISTRATIVE ASSIGNMENTS AND RESPONSIBILITIES

Associate Provost for Faculty Inclusion and Equity, Fuller Theological Seminary, (2018-present).

Director, Faculty Spiritual Formation, Fuller Theological Seminary (2014-present).

Co-Chair, Annual Meeting Committee, American Group Psychotherapy Association (2015-present).

Co-Chair, Institute Committee, Annual Meeting Committee, American Group Psychotherapy Association (2012-present).

Member, Provost's Council, Fuller Theological Seminary (2011-2013).

Chair, Faculty Senate, Fuller Theological Seminary (2011-2013).

Member, President's Cabinet, Fuller Theological Seminary (2009-2011).

Member, Faculty Senate, Fuller Theological Seminary (2006-2011, 2014 - present).

Member, Diversity Council, Fuller Theological Seminary (2006-2011).

Member, Faculty Chapel Task Force, Fuller Theological Seminary (2004-2006).

Member, Brehm Center for Worship, Theology, and Arts Steering/Executive Committee, Fuller Theological Seminary (2001-present).

Leader Consultant, Professional Formation Steering Committee, (2001-present).

Chair, Search Committee, Clinical Psychology Program, Fuller Graduate School of Psychology (2000-2001).

Member, Worship, Theology, and Arts Search Committee, Fuller Theological Seminary (2000-2002).

Member, Worship, Theology, and Arts Task Force, Fuller Theological Seminary (1999-2001).

Chair, Student Development Committee, Fuller Graduate School of Psychology (2001-2002).

Member, Admissions Committee, Fuller Graduate School of Psychology (1999-2002, 2003-present).

Member, Student Evaluation Committee, Fuller Graduate School of Psychology (1999-2001).

Director of Diversity Education and Faculty Development, University of Rochester Medical Center (1998).

Chair, Cross-Cultural Education Committee, Office of the Associate Dean, University of Rochester Medical Center (1996-1998).

Faculty Senate Representative, Department of Psychiatry, Medical Faculty Council (1993-1996).

Member, Cross-Cultural Education Committee, Office of the Associate Dean, University of Rochester Medical Center (1992-1996).

Member, Psychotherapy Curriculum Committee, Department of Psychiatry (1992-1997).

Chairperson, American Disabilities Act Awareness Task Force, University of Rochester (1992-1994).

Member, Advisory Board, American Disabilities Act, University of Rochester (1992-1993).

Chairperson, Adult Ambulatory Quality Assurance Committee, Department of Psychiatry (1991).

Alternate Representative, Department of Psychiatry, Medical Faculty Council (1990-1993).

Coordinator for Psychology Training in Adult Ambulatory Services, Psychology Division, Department of Psychiatry (1990-1998).

Member, Clinical Psychology Training Committee, Division of Psychology, Department of Psychiatry (1990-1998).

Psychotherapy Case Assignment Coordinator, Adult Ambulatory Services, Department of Psychiatry (1988-1989).

Intake Team Leader, Adult Ambulatory Services, Department of Psychiatry (1987-1990). Member, Quality Assurance Committee, Department of Psychiatry (1986-1990).

#### PROFESSIONAL SERVICE ASSIGNMENTS AND RESPONSIBILITIES

**Adult Psychotherapist**, Private Practice, Fuller Psychological and Family Services, Graduate School of Psychology (2001-present).

**Adult Group Psychotherapist**, Adult Ambulatory Services, Department of Psychiatry (1987-1998).

Adult Psychotherapist, Private Practice, Department of Psychiatry (1987-1998).

Adult Psychotherapist, Adult Ambulatory Services, Department of Psychiatry (1986-1998).

#### **TEACHING**

# **Graduate Student**

#### Seminars

Clinical Interventions: Diversity Lab, Fuller Graduate School of Psychology (2019 – present).

Formation and Integrative Practice Group, Fuller Graduate School of Psychology (2016).

Spiritual Interventions in Therapy, Fuller Graduate School of Psychology (2010-present).

Arts, Spirituality, and Transformation, Fuller Graduate School of Psychology (2005-present).

Pastoral Counseling in the African American Church, Fuller School of Theology (2002)

Introduction to Diversity Seminar, Fuller Graduate School of Psychology (2000-present).

Spiritual Transcendence and Health, Fuller Graduate School of Psychology (1999-2010).

Group Psychotherapy, Fuller Graduate School of Psychology (1999-present). Program Administration, Fuller Graduate School of Psychology (1999-present). Multicultural Group Seminar, Counseling and Mental Health Services, University Health

**Service** (1993-1998).

Cultural Issues Across the Lifespan, Psychotherapy Across the Lifespan Seminar, Psychology Division, Department of Psychiatry (1993-1996).

Cultural Considerations in Psychotherapy, Advanced Clinical Seminar, Clinical Psychology Graduate Program, University of Rochester (1993).

Ethnicity and the Psychotherapeutic Process, Department of Psychiatry (1990-1992).

## **Clinical Supervision**

Faculty Consultation Groups, Graduate School of Psychology (2004-2015). Supervisor, Spiritual Formation Groups, Graduate School of Psychology (2003-2004).

Consultant, Professional Formation Group Leaders, Graduate School of Psychology (2001-present).

**Supervisor, Fuller Psychological and Family Services** (1998-2001).

**Group Psychotherapy Supervisor, Fuller Psychological and Family Services** (1999-2001).

Outpatient Preceptor, Adult Ambulatory Services (1986-1998).

Team Leader, Adult Ambulatory Services, Department of Psychiatry (1987-1990).

# <u>Postdoctoral Fellow: Clinical Psychology Postdoctoral Fellows, Geriatric Fellows in</u> Psychiatry and Psychology

Adult Ambulatory Postdoctoral Fellowship Research (1993-1998). Director, Adult Ambulatory Postdoctoral Fellowship (1989-1990, 1992-1998). Group Psychotherapy Supervision, Adult Ambulatory Services (1987-1988,1989-1990,1993-98).

## **Field Education**

Self-care in Ministry: Attending to the Mind, Body, and Spirit, Field Education and Ministry Formation, Fuller Theological Seminary (2009-2012)

### **Medical Student**

#### Lectures

Role of Culture and Race in the Doctor-Patient Relationship, Biopsychosocial Medicine (1992-1997).

Bias in Health Care Delivery, General Clerkship (1993-1997).

Culturally Competent Assessment and Treatment Planning, Psychiatry Clerkship (1992-1996).

## Residents

#### Lectures

Introduction to Cultural Competency Issues in Emergency Medicine, Emergency Residents Orientation Session (1994-1996).

Managing Cultural Barriers in Communication, Department of Obstetrics and Gynecology (1993-1995).

Cultural Considerations in Work with Older Adults, Geriatric Seminar, Department of Psychiatry (1992).

#### Seminar

Cultural Variations in Psychopathology, Psychopathology Through the Life Cycle Seminar, Psychiatry Residency Seminar (1994-1998).

# Supervision

Psychotherapy Supervision, Adult Ambulatory Services (1997-1998). Group Psychotherapy Supervision, Adult Ambulatory Services (1988-1989, 1990-1993).

## **Continuing Medical Education - Selected Presentations**

#### **Spirituality**

Ethical Considerations, Psychotherapy, and Spirituality, Case Conference Presentation, Counseling and Mental Health Services (December 1997). Spiritual Transcendence in Psychotherapy, Case Conference Presentation, Counseling and Mental Health Services (April 1997). Spirituality Explorations in Psychotherapy, Discussion Group (1996-1998).

## **Cultural Competence**

Culturally Competent Approaches to Chemical Dependency: Considerations in Working with African Americans, Strong Recovery and Chemical Dependency Program (April 1996).

Understanding the Cultural Context, Faculty Development Workshops for Biopsychosocial Medicine, (1995-96).

Cultural Competence in Crisis Work, Mobile Crisis Team (Summer 1994).

Rethinking Partnerships: Bias in Health Care, Partnerships in Health Care
Conference, Biopsychosocial Studies Program of the University of Rochester (1993).

#### Stress

Occupational Stress and Well-Being, Park Ridge Hospital (Fall 1993).

Managing Stress in the Work Environment, Strong Memorial Hospital (Fall 1992).

Stress Management, Associate Dean for Minority Student Affairs (1987-1996).

## Consultations

Group Therapy Consultation, American Group Psychotherapy Association, Chinese Group Therapists, Online through Zoom (2018-present).

Psychological Consultant, Faithful Central Bible Church (1999-2004).

Psychological Consultant, Zion Hill Missionary Baptist Church (1996-1998).

Psychological Consultant, Officer Assistance Program, Rochester Police Department (1996-1998).

Psychological Consultant, Office of Student Minority Affairs (1993-1998).

Psychological Consultant, Board of Ordained Ministries, Western New York Conference. United Methodist Church (1993-1998).

Psychological Consultant, Occupational Case Conference, University Health Service (1990-1994).

Research Consultant, Rochester Police Department (1986-1994).

## **RESEARCH ACTIVITIES**

#### Research in Progress

Scientific Study of Worship (Principal Investigator: A. Abernethy).

Cultural Factors in Cancer Screening (Principal Investigator: A. Abernethy).

Music Worship Leader Project (Principal Investigator: A. Abernethy).

Forgiveness and Spiritual Distress in an Inpatient Psychiatric Setting (Co-Principal Investigators: A. Abernethy & K. VanHarn)

**Exploring the Role of Spirituality in the Treatment of Eating Disorders** (Co-Principal Investigators: A. Abernethy & P. Pitts)

**Spirituality and Asceticism in the Treatment of Eating Disorders** (Co-Principal Investigators: A. Abernethy & C. Keiper)

Reducing the Burden of Breast Cancer Among African-American and Latina Survivors (Co-Principal Investigators: A. Abernethy & A. Ashing-Giwa)

Spirituality and Transformation in a Community-Based Group in the Bahamas (Principal Investigator: A. Abernethy)

**Examining Spirituality and Mental Health Outcomes in Psychiatric Patients** (Principal Investigator: A. Abernethy)

Clarifying how Views of the Afterlife, Hope, and Meaning Influence Suicidal Ideation in Psychiatric Inpatients (Principal Investigator: A. Abernethy)

## <u>PUBLICATIONS</u>

- Abernethy, A. D., Grannum, G. D., & Allen, D. F. (2019). Spirituality and transformation in a community-based group in the Bahamas. *Mental Health, Religion & Culture*, 22(3), 227–243. https://doi-org.fuller.idm.oclc.org/10.1080/13674676.2019.1579177
- Currier, J. M., Foster, J. D., Witvliet, C. vanOyen, Abernethy, A. D., Root Luna, L. M., Schnitker, S. A., ... Carter, J. (2019). Spiritual struggles and mental health outcomes in a spiritually integrated inpatient program. *Journal of Affective Disorders*, *249*, 127–135. <a href="https://doiorg.fuller.idm.oclc.org/10.1016/j.jad.2019.02.012">https://doiorg.fuller.idm.oclc.org/10.1016/j.jad.2019.02.012</a>
- Schnitker, S. A., Ro, D. B., Foster, J. D., Abernethy, A. D., Currier, J. M., vanOyen Witvliet, C., ... Carter, J. (2019). Patient patients: Increased patience associated with decreased depressive symptoms in psychiatric treatment. *The Journal of Positive Psychology*. https://doi-org.fuller.idm.oclc.org/10.1080/17439760.2019.1610482
- Abernethy, A. D., & Kim, S.-H. (2018). The Spiritual Transcendence Index: An Item Response Theory Analysis. *International Journal for the Psychology of Religion*, 28(4), 240–256. https://doi-org.fuller.idm.oclc.org/10.1080/10508619.2018.1507800
- Abernethy, A. D., Currier, J. M., Witvliet, C. V. O., Schnitker, S. A., Putman, K. M., Root Luna, L. M., Foster, J. D., Spencer, A., Jones, H., VanHarn, K. J., & Carter, J. (2018). Understanding the roles of religious comfort and strain on depressive symptoms in an inpatient psychiatric setting. *Psychology of Religion and Spirituality*. Advance online publication. <a href="http://dx.doi.org/10.1037/rel0000233">http://dx.doi.org/10.1037/rel0000233</a>
- King, L. H., Abernethy, A. D., Keiper, C., & Craycraft, A. (2018). Spirituality and eating disorder risk factors in African American women. *Eating And Weight Disorders: EWD*. https://doi-org.fuller.idm.oclc.org/10.1007/s40519-018-0611-1
- Abernethy, A. D., Allen, D. F., & Carroll, M. A. (2017) Adapting group therapy to address real world problems: Insights from groups offered in the Bahamas. *International Journal of Group Psychotherapy*. 1-18. 10.1080/00207284.2017.1335582.
- Abernethy, A. D. (2017). Spirituality and health research: Incorporating a cultural lens. Research in the Social Scientific Study of Religion, 28, 209-230.
- Stevens, F. L., & Abernethy, A. D. (2017). Neuroscience and racism: The power of groups for overcoming implicit bias. *International Journal of Group Psychotherapy*, 68(4) 561-584, DOI: 10.1080/00207284.2017.1315583
- Currier, J. M., Foster, J. D., Abernethy, A. D., Witvliet, C. V. O., Root Luna, L. M., Putman, K. M., Schnitker, S. A., VanHarn, K., Carter J. (2017), God imagery and affective outcomes in a spiritually integrative inpatient program. *Psychiatry Research*, *254*, 317-322. doi: 10.1016/j.psychres.2017.05.003
- Abernethy, A. D., Grannum, G., Gordon, C., Williamson, R., & Currier, J. (2016). The Pastors Empowerment Program: A resilience education intervention to prevent clergy burnout. *Spirituality in Clinical Practice*, *3*(3), 175-186.
- Finlay, L. D., Abernethy, A. D., & Garrels, S. (2016). Scapegoating in group therapy: Insights from Girard's Mimetic Theory, *International Journal of Group Psychotherapy*, 66(2), 188-204.

- Abernethy, A. D., Witvliet, C. V. O., Kurian , K. R., Brown, S., Uh, M., Rice, B. E., & Rold, L. 2016). Varieties of spiritual experience: A study of closeness to God, struggle, transformation, and confession-forgiveness in communal worship. *Journal of Psychology and Christianity*, 35(1), 9-21.
- McMinn, M. R., Vogel, M. J., Hall, M. E. L., Abernathy, A. D., Birch, R., Galuza, T., Rodriguez, J., Putman, K. (2015). Religious and spiritual diversity training in clinical psychology doctoral programs: Do explicitly Christian programs differ from other programs? *Journal of Psychology and Theology, 43*, 155-164.
- Abernethy, A. D., Kurian, K. R., Rice, B. E., Grannum, G. D., Rold, L., & Jones, H. (2015). Corporate worship and spiritual formation: Insights from worship leaders. *Journal of Psychology and Christianity*, 34(3), 266-279.
- Cottingham, M. D., Davis, L., Craycraft, A., Keiper, C. D., Abernethy, A. D. (2014).

  Disordered eating and self-objectification in college women: clarifying the roles of spirituality and purpose in life. *Mental Health, Religion & Culture, 17*(9), 898-909.
- Eriksson, C. D. & Abernethy, A. D. (2014). Integration in multicultural competence and diversity training: Engaging difference and grace. *Journal of Psychology & Theology, 42*(2), 174-187.
- Abernethy, A. D., Tadie, J. T., & Tilahun, B. (2014) Empathy in group therapy: Facilitating resonant chords. *International Journal of Group Psychotherapy*, *64*(4), 517-535. doi:10.1521/ijgp.2014.64.4.516
- Christman, L. K., Abernethy, A. D., Gorsuch, R. L., & Brown, A.W. (2014) Intrinsic Religiousness as a mediator between fatalism and cancer-specific fear: Clarifying the role of fear in prostate cancer screening. *Journal of Religion and Health*, 53 (3), 760-772.
- Abernethy, A. D. (2012). Integration: Toward a variety of musical ensembles. *Journal of Psychology and Theology, 40*(2), 122-126.
- Abernethy, A. D. (2012). A spiritually informed approach to group psychotherapy. In J. L. Kleinberg (Ed.), *The Wiley-Blackwell handbook of group psychotherapy* (pp. 681-705). Chichester, West Sussex, UK: John Wiley & Sons.
- Counselman E. F., & Abernethy, A. D. (2011). Supervisory reactions: An important aspect of supervision. *International Journal of Group Psychotherapy, 61*(2), 197-216.
- Brown, A. W., Abernethy, A. D., Gorsuch, R., & Dueck, A. (2010). Sacred violations, perceptions of injustice, and anger in Muslims. *Journal of Applied Social Psychology*, 40, 1003 -1027. doi:10.1111/j.1559-1816.2010.00608.x.
- Eriksson, C. B., Bjorck, J. P., Larson, L. C., Walling, S. M., Trice, G. A., Fawcett, J., et al. (2009). Social support, organizational support, and religious support in relation to burnout in expatriate humanitarian aid workers. *Mental Health, Religion & Culture*, *12*(7), 671-686. doi:10.1080/13674670903029146.
- Hay, J., Harris, J. N., Waters, E. A., Clayton, M. F., Ellington, L., Abernethy, A. D., & Prayor-Patterson H. (2009). Personal communication in primary and secondary cancer prevention: Evolving discussions, emerging challenges. *Journal of Health* Communication, *14* (Suppl 1), 18-29. doi:10.1080/10810730902806828.

- Abernethy, A. D., Houston, T. R., Bjorck, J. P., Gorsuch, R. L., & Arnold, H. (2009). Religiousness and prostate cancer screening in African American men. *Journal of Psychosocial Oncology*, *27* (3), 316-331. doi:10.1080/07347330902979036.
- Abernethy, A. D. (Ed.). (2008). Worship that changes lives: Multidisciplinary and congregational perspectives on spiritual transformation. Grand Rapids, MI: Baker Academic.
- Abernethy, A. D. & Witvliet, C. V. O. (2008). A study of transformation in worship: Psychological, cultural, and psychophysiological perspectives. In A. D. Abernethy (Ed.), *Worship that changes lives: Multidisciplinary and congregational perspectives on spiritual transformation.* Grand Rapids, MI: Baker Academic.
- Abernethy, A. D. (2008). The voice of the congregation: Stories revealing the process of transformation. In A. D. Abernethy (Ed.), *Worship that changes lives: Multidisciplinary and congregational perspectives on spiritual transformation.* Grand Rapids, MI: Baker Academic.
- Abernethy, A. D. (2008). Call and response: Authors' commentary on lessons learned from the congregation. In A. D. Abernethy (Ed.), *Worship that changes lives: Multidisciplinary and congregational perspectives on spiritual transformation.* Grand Rapids, MI: Baker Academic.
- Abernethy, A. D. (2008). Implications for theology, research, and worship practice. In A. D. Abernethy (Ed.), *Worship that changes lives: Multidisciplinary and congregational perspectives on spiritual transformation.* Grand Rapids, MI: Baker Academic.
- Abernethy, A. D., Houston, T. R., Mimms, T., & Boyd-Franklin, N. B. (2006). Using prayer in psychotherapy: Applying Sue's differential to enhance culturally competent care. *Cultural Diversity and Ethnic Minority Psychology*, *12*(1), 101-114. doi:10.1037/1099809.12.1.101.
- Abernethy, A. D., Houston, T. R., Magat, M. M., Arnold, H., Gorsuch, R. L., & Bjorck, J. P. (2005). Recruiting African American men in cancer screening studies: Applying a culturally-based model. *Health Education and Behavior*, 32(4), 441-451. doi:10.1177/1090198104272253.
- Abernethy, A. D. (2005). Increasing the cultural proficiency of clinical managers. *Journal of Multicultural Counseling and Development*. 33(2), 81-93.
- Greene, H. L., Abernethy, A. D., Reid, F. T. (2004). Creating sacred space for spirituality in consultation, supervision, and psychotherapy groups. *Group, 28*(4), 89-103.
- Abernethy, A. D. (2004). Special edition on spirituality in group therapy (Guest Editor). *Group*, 28(4), 13-29.
- Eriksson, C. B., Bjorck, J., & Abernethy, A. D. (2003). Occupational stress, trauma, and adjustment in expatriate humanitarian aid workers. In J. Fawcett (Ed.), *Stress and trauma handbook: Strategies for flourishing in demanding environments* (pp. 68-100). Monrovia, CA: World Vision International.
- Abernethy, A. D., Chang, H. T, Seidlitz, L., Evinger, J. S., & Duberstein, P. (2002). Religious coping and depression among spouses of people with lung cancer. *Psychosomatics*, *43*, 456-463. doi:10.1176/appi.psy.43.6.456.

- Abernethy, A. D. (2002). The power of metaphors for exploring cultural differences in groups. *Group*, 26(3), 219-231.doi:10.1023/A:1021061110951.
- Seidlitz, L., Abernethy, A. D., Duberstein, P., Evinger, S., Lewis B., & Chang, H. (2002). Development of the spiritual transcendence index. *Journal for the Scientific Study of Religion*, *41*(3), 439-453. doi:10.1111/1468-5906.00129.
- Abernethy, A. D. (2001). Ushering in the presence of God. *Theology, News and Notes, 48*(2), 23.
- Markus, H., & Abernethy, A. D. (2001). Joining with the resistance: Addressing reluctance to engage in group therapy training. *International Journal of Group Psychotherapy*, *51*(2), 191-204. doi:10.1521/ijgp.51.2.191.49854.
- Smetana, J. G., Abernethy, A. D., & Harris, A. (2000). Adolescent-Parent interactions in middle-class African American families: Longitudinal change and contextual variations. *Journal of Family Psychology, 14*(3), 458-474. doi:10.1037/0893-3200.14.3.458.
- Abernethy, A. D., & Brown, W. S. (2000). Psychoneuroimmunology, spirituality and medicine. *Spirituality and Medicine Connection*, *4*(1), 7.
- Abernethy, A. D. (1999). Group cohesion: Maximizing healing in group therapy. *Journal of Psychology and Christianity*, *18*(3), 275-279.
- Abernethy, A. D. (1999). A mentoring program for underrepresented minority students: Fostering the process of bicultural socialization. *Academic Medicine*, 74(4), 356-9.
- Abernethy, A. D. & Lancia, J. J. (1998). Religion and the psychotherapeutic relationship: Transferential and countertransferential dimensions. *Journal of Psychotherapy Practice and Research*, 7(4), 281-289.
- Abernethy, A. D. (1998). Working with racial themes in group psychotherapy. *Group, 22*(1), 1-13. doi:10.1023/A:1023025500831.
- Abernethy, A. D., Naumburg, E. H., & Siegel, D. (1998). Rethinking partnerships: Bias in health care. In A. Suchman & P. Hinton-Walker (Eds.), *Partnerships in health care* (pp. 139-149). Rochester, NY: University of Rochester Press.
- Abernethy, A. D. & Glover, R. (1996). Recognizing and responding to cultural dimensions of care . *Medical Society Bulletin, 62*(4), 16,18.
- Abernethy, A. D. (1995). Managing racial anger: A critical skill in cultural competency training. Journal of Multicultural Counseling and Development, 23(2), 96-102.
- Abernethy, A. D. (1995). The development of an anger management training program for law enforcement personnel. In L. R. Murphy, J. J. Hurrell, S. L. Sauter, & G. P. Keira (Eds.), *Job stress intervention: Current practice and future directions* (pp. 21-30). Washington, DC, American Psychological Association.
- Abernethy, A. D. & Cox, C. (1994). Anger management training for law enforcement personnel. *Journal of Criminal Justice*, 22(5), 459-466. doi:10.1016/0047-2352(94)90036-1.

- Abernethy, A. D. (1994). Cultural competency training: Survival techniques for trainers. *Psych Discourse*, 25, 15-16.
- Abernethy, A. D. (1994). Culture and psychological evaluations. *OMH News*, 6(10),16.
- Abernethy, A. D. (1993). An Afrocentric perspective in ethnicity training. *Psych Discourse*, *24*, 10-11.
- Abernethy, A. D. (1992). Anger management training for law enforcement personnel. [Abstract] . Proceedings of the American Psychological Association/National Institute of Occupational Safety and Health Conference, Washington, DC.
- Abernethy, A. D., Cowan, P. A., Gurza, R., Huang, K. H., Kim, M., King, N. F., & Lum, J. (1988). Psychology tomorrow: A unified ethnic psychology course. In P. Bronstein and K. Quina (Eds.), *Teaching in the psychology of people; Resources for gender and sociocultural awareness* (pp. 115-119). Washington, DC: American Psychological Association.

## **GRANTS and CONTRACTS**

**Leadership Development for Champion Recovery Ministry,** Psychologist in the Local Congregation Awards, Office for Science, Theology, and Religion Initiatives (Psychological Scientist: A. Abernethy; Pastor: Lucious Hicks) 2017-2019.

**Examining Spirituality and Mental Health Outcomes in Psychiatric Patients,** Travis Research Center and Pine Rest Mental Health Services (Principal Investigator: A. Abernethy) 2016-2018.

**Resocialization of Bahamian Society through The Family Group Therapy**, Templeton World Charity Foundation (Group Therapy Consultant and Principal Investigator, The Role of Spirituality in a Supportive Group Process: A. Abernethy) 2015-2016.

**Pastor's Empowerment Program**, Lilly Endowment/Cormode grant (Principal Investigator: A. Abernethy) 2012-2013.

**Music Worship Leader Project**, Fuller Theological Seminary's School of Psychology (Principal Investigator: A. Abernethy) 2011-2012.

**Cultural Factors in Cancer Screening**, National Cancer Institute (Principal Investigator: A. Abernethy) 2005-2008.

Scientific Study of Worship/Spiritual Experience in Worship, Templeton Foundation (2005-2006)/Calvin Institute of Christian Worship, Fuller's Office of the Provost, Brehm Center for Worship, Theology and the Arts, and the School of Psychology (Principal Investigator: A. Abernethy) 2002-2006.

**Religiousness and Prostate Screening in African American Men**, California Cancer Research Program (Principal Investigator: A. Abernethy) 2000-2002.

**The Role of Religiousness in Physical Health: Mediation by Emotions**, National Institute of Aging (Principal Investigator: L. Seidlitz; Collaborator: A. Abernethy) 1999-2000.

**Spiritual Transcendence and Perceived Health** (Principal Investigator: A. Abernethy) Edward Lee Travis Institute for Biopsychosocial Research, 1998-1999.

**Culturally Competent Assessment and Treatment Planning Curriculum**, Coordinated Care Services Inc., 1997-1998.

The Development of a Cultural Competence Curriculum for Psychologists at New York State Hospitals, New York State Office of Mental Health Contract, 1995.

**Increasing Minority Participation in Medicine**, (Project Co-Director Brenda D. Lee, Principal Investigator for Minority Mentoring Program Component, A. Abernethy). New York State Department of Health, 11/94 -5/97.

**Evaluation of Revised Anger Management Training Program**, (Principal Investigator: A. Abernethy) City of Rochester Contract, 7/90 - 6/91.

**Parental History of Hypertension and Recovery Rates After Stress**, (Principal Investigator: A. Abernethy). Biomedical Research Support Grant (PHS S7RR05403-28), 7/1/89 - 12/31/90.

**Parental History of Hypertension and Recovery Rates After Stress**, (Principal Investigator: A. Abernethy). Clinical Research Center (RR00044), 5/24/89 - 6/30/91.

**Anger Management, Training, and Performance in Police Officers**, (Principal Investigator: A. Abernethy). City of Rochester Contract, 7/9/87 - 6/30/90.

Hypertension and Mental Arithmetic: Psychological and Physiological Responsiveness to Unexpected Noise, (Principal Investigator: J. L. Izzo, Jr; Co-Principal Investigator: A. Abernethy). Clinical Research Center (RR00044), 8/3/87 - 8/30/88.

# PRESENTATIONS AT MAJOR NATIONAL PROFESSIONAL MEETINGS

- Armstrong, T., Abernethy, A. D., Grannum, G. D., & Allen, D. F. (2019, March). Spirituality and transformation in a Bahamian community group setting. Poster presented at the 40th Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Grannum, G., Abernethy, A. D., & Allen, D. F. (2017, March). *An exploration of shame, spiritual practices, and compassion in a community-based group.* Poster presented at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- Abernethy, A. D., Spencer, A., Kobold, K., & Pitts, P. (2018, March). *Exploring the relationship between self-esteem and spirituality in patients with eating disorders*. Poster presented at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- Abernethy, A. D., Schnitker, S. Currier, J. M., Putman, K. M., Witvliet, C. V. O., Ro, D., Jones, H., VanHarn, K. J., & Carter, J. (2017, June). *Understanding the role of religious comfort and strain on affective outcomes in an inpatient psychiatric setting*. Paper presented at the 11th Annual Sino-American Cultural Psychology of Religion Conference, Beijing, China.
- Whitney, W. B. & Abernethy, A. D. (March, 2017). Education and group psychotherapy: How group therapy can inform teaching and learning. Open Session, American Group Psychotherapy Association Annual Meeting, New York.

- Stevens, F. & Abernethy, A. D. (2017, March). *Neuroscience and racism.* Workshop, American Group Psychotherapy Association Annual Meeting, New York.
- Flores, N. J., Fortson, L. S., Abernethy, A. D., Ashing, K. T. (2016, July). *Depression among Latinas and African American breast cancer survivors: Examining support and life stressors.* Poster presented at the 5<sup>th</sup> Biennial National Latino Cancer Summit, San Francisco, CA.
- Fortson, L., Abernethy, A. D., & Ashing, K. (2016, March). *The role of social support and locus of health control in well-being for breast cancer survivors*. Paper and poster presented at the 13th Annual Meeting of the American Psychooncology Society, San Diego, CA.
- Rohrmayer, K., Abernethy, A. D., Keiper, C., Spencer, A., Pitts, P. (2016, March). *Positive and negative influences of religious comfort and anger toward God on eating disorder symptoms*. Paper presented at the 36th Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Abernethy, A. D., Schnitker, S. Currier, J. M., Putman, K. M., Witvliet, C. V. O., Ro, D., Jones, H., VanHarn, K. J., & Carter, J. (2016, March). *Understanding the role of religious comfort and strain on affective outcomes in an inpatient psychiatric setting.* Paper presented at the 36th Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Grannum, G. D., Abernethy, A. D., & Currier, J. M. (2016, March). *Care for the caregivers:* Clergy burnout and the roles of ministry demands, meaning-making, & post-traumatic growth. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Rice, B., Abernethy, A. D., Kurian, K. R., Grannum, G. D., & Jones, J. (2016, March). Humility, spiritual growth, and worship. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Stevens, F. & Abernethy, A. D. (2016, March). *Neuroscience and racism.* Workshop, American Group Psychotherapy Association Annual Meeting, New York.
- Stevens, F. & Abernethy, A. D. (2015, February). *Neuroscience and racism.* Workshop, American Group Psychotherapy Association Annual Meeting, San Francisco, CA
- Tadrous, S., Barsuglia, J. P., Artensen, T., Smith, S., Sandy, C., Keiper, C., Pitts, P., & Abernethy, A. (2014, August). *Attachment dynamics and eating disorder symptoms in a clinical treatment group*. Poster presented at the 122nd American Psychological Association Annual Convention, Washington, D.C.
- Tadrous, S., Barsuglia, J. P., Artensen, T., Smith, S., Sandy, C., Keiper, C., Pitts, P., & Abernethy, A. (2014, August). *Association of family functioning with self-harm in eating disorder patients*. Poster presented at the 122nd American Psychological Association Annual Convention, Washington, D.C.
- Abernethy, A. D., Witvliet, C.V.O., Kurian, K., Uh, M, Rice, B., Rold, L., & Brown, A.W. (2013, March). *Understanding spirituality, forgiveness, and emotion*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

- Abernethy, A. D., Witvliet, C.V.O., Kurian, K., Uh, M., Rice, B., & Rold, L. (2012, April). *Worship Experiences and forgiveness: The role of benefits, costs, and emotions.* Poster presented at the 32<sup>nd</sup> Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- Abernethy, A. D., Finlay, & Garrels, S. (2011, March). Scapegoating in group therapy: Integrating Girard's mimetic theory and Agazarian's systems centered approach. Workshop, American Group Psychotherapy Association Annual Meeting, New York, NY.
- Abernethy, A. D., Rice B., Black M., Uh, M., & Rold, L. (2011, April). *Contrasting worship experiences, forgiveness, and emotions*. Poster presented at the 31<sup>st</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Abernethy, A. D., Dueck, A., Finlay, L. & Garrels, S. (2010, February). Scapegoating in group therapy: Integrating Girard's mimetic theory and Agazarian's systems centered approach. Open Session, American Group Psychotherapy Association Annual Meeting, San Diego, CA.
- Abernethy, A. D., Tadie, & Tilahun, B. (2010, February). *Training students to maximize opportunities for empathy in groups*. Workshop, American Group Psychotherapy Association Annual Meeting, San Diego, CA.
- Abernethy, A. D., Brown, S., Leaks, B., Johnson, D., Christman, L., & Gorsuch, R. (2010, April). Illness perceptions and cancer screening: Clarifying the role of supernatural and fatalistic perspectives. Poster presented at the 30<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
- Panos, S., Chung, T., Ragin, A., Brown, S., Black, M., Hoye, J. A., & Abernethy, A. D. (2008, March). *Emotions, heart rate, and worship*. Poster presented at the 28<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- Smith, S., Counselman, E. & Abernethy, A. D. (2008, February). *All day workshop: AGPA group supervision course*. American Group Psychotherapy Association Annual Meeting, Washington, DC.
- Abernethy, A. D., Brown, S., Johnson, D., Christman, L., Leaks, B., Allocco, P., & Gorsuch, R. (2008, March). *Clarifying common and unique dimensions of spirituality and fatalism in threat representations of cancer: Implications for cancer prevention.* Poster presented at the 28<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- Panos, Chung, Ragin, Brown, Black, Hoye, Yi, & Abernethy, A. D. (2007, March). *Health and spirituality: The psychophysiological effects of worship recall.* Poster presented at the 27<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Ragin, Yi, Seo, Panos, Black, Brown, Hoye, Chung, Colon, Chacon, & Abernethy, A. D. (2007, March). *Recruiting participants for a worship study: Applying the cultural empowerment model*. Poster presented at the 27<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Smith S., Counselman, E., & Abernethy, A. D. (2007, March). *All day workshop: AGPA group supervision course*. American Group Psychotherapy Association Annual Meeting, Austin, TX.

- Johnson, D., Abernethy, A. D., Brown, S., Christman, L., Leaks, B., Allocco, P., & Gorsuch, R. (2006, March). *Cultural representations of cancer: Religious locus of health control and positive emotion*. Poster presented at the 26<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Porter, Grayson, Rinzler, & Abernethy. (2005, March). *Spirituality in group therapy*. Open Session, American Group Psychotherapy Association Annual Meeting, NY.
- Penn, Siddharth, Nath, Lissac, Abernethy. (2005, March). *Group therapy in culturally diverse patient populations: Themes and variations.* American Group Psychotherapy Association Annual Meeting, NY.
- Abernethy, A. D., Brown, S., Christman, L., Johnson, D., Magat, M. M., Bjorck, J., & Gorsuch, R. (2004, April). *Depth of religiousness versus church attendance: Factors influencing prostate cancer screening attitudes in African American men*. Poster presented at the 25<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Christman, L., Abernethy, A. D., Brown, S., Johnson, D., Magat, M. M., Bjorck, J., & Gorsuch, R. (2004, April). *Cancer-specific fear as a mediator between religiousness and prostate cancer screening in African American men*. Poster presented at the 25<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Abernethy, A. D., Magat, M. M., Houston, T., Arnold, H., Brown, S., Taylor, G., Bjorck, J., Gorsuch, R., Ketting, & Ulmer. (2003, April). *Developing partnerships across disciplines to promote cancer prevention*. Poster presented at the 24<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Abernethy, A. D., Magat, M. M., Houston, T., Arnold, H., Brown, S., Taylor, G., Bjorck, J., & Gorsuch, R. (2003, April). *Religious coping, prostate cancer screening attitudes, and affect.* Poster presented at the 24<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Magat, M. M., Abernethy, A. D., Houston, T., & Arnold, H. (2003, April). *Prostate cancer screening among African-American men: Understanding the role of fatalism and anger.*Poster presented at the 24<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Abernethy, A. D., Otis, K., Houston, T., Magat, M. M., & Arnold, H. (2002, April). *Building* partnerships with churches to increase prostate cancer control. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Chamberlain, Larson, Seidlitz, L., Abernethy, A. D., & Duberstein, P. (2002, April). *Religiousness and physical functioning in older adults*. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Magat, M. M., Abernethy, A. D., Otis, K., Houston, T. & Arnold. (2002, April). *Fatalism among African-American men: Effects on prostate cancer screening*. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Abernethy, A. D., Magat, M. M., Otis, K., Houston, T., & Arnold, H. (2002, April). *Intrinsic religiousness and prostate cancer screening receptivity in African-American men*. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC.

- Abernethy, A. D., Green, H., Taloyo, C., & Reid, T. (2002, March). *Exploring spiritual themes and transforming relationships in group therapy and consultation*. Workshop, American Group Psychotherapy Association Annual Meeting, New Orleans.
- Abernethy, A. D., Larson, & Seidlitz, L. *Religiousness, anger, and perceived health in later life*. Poster presented at the 59<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Monterey, CA.
- Larson, Seidlitz, L., & Abernethy, A. D. (2001, March). *Anger and health in later life*. Poster presented at the 59<sup>th</sup> Annual Scientific Meeting, American Psychosomatic Society, Monterey, CA.
- Abernethy, A. D. (1999-2001, February). *The use of metaphors in bridging difference*. Workshop presented at the American Group Psychotherapy Association Annual Meeting, Boston, MA, Los Angeles, CA, and Houston, TX.
- Seidlitz, L., Abernethy, A. D., Duberstein, P., Evinger, J., Lewis, B., & Chang, T. (1988, November). Associations among spiritual transcendence, religiousness, age, and discrete emotions. Gerontological Societal Meeting of America, Philadelphia.
- Smith, S., Tantillo, M., Quallo, H., & Abernethy, A. D. (1997, February). *Challenge to the group leader: Three theoretical approaches*. Open Session, American Group Psychotherapy Association Annual Meeting, New York.
- Abernethy, A. D. (1997, February). Working with racial themes in group psychotherapy. American Group Psychotherapy Association Annual Meeting, New York.
- Abernethy, A. D. (1997, February). *Religion: A salient influence in psychotherapy*. Teachers College Winter Roundtable on Cross-Cultural Psychology and Education, Columbia University, New York.
- Abernethy, A. D. (1996, August). *Identifying and addressing subtle racism and prejudice*. International Association of Black Employees at Xerox, Rochester, NY.
- Abernethy, A. D. (1996, July). *Addressing spiritual issues in supervision*. Association of Black Psychologists, Chicago.
- Abernethy, A. D. (1996, February). Working with racial themes in group psychotherapy. American Group Psychotherapy Association Annual Meeting, San Francisco, CA.
- Abernethy, A. D. (1996, January). *Cross-cultural issues in the delivery of care: Bridging conflicting values*. Grand Rounds presentation, Department of Pediatrics, University of Rochester Medical Center, Rochester, NY.
- Abernethy, A. D. (1995, May). *Spirituality in the psychotherapeutic relationship*. American Psychiatric Association, Miami, FL.
- Abernethy, A. D. (1994, December). *Challenge to the group leader: From chaos to clarity*. Grand Rounds Presentation, Department of Psychiatry, University of Rochester Medical Center.
- Abernethy, A. D. (1993, April). *Cultural competency training: Maximizing the process*. Presented at Cultural Competence: Beyond Sensitivity and Training Conference, State University of New

- York, College at Brockport, Monroe County Office of Mental Health, Regional Advisory Committee, Rochester, NY.
- Abernethy, A. D. (1992, November). *Anger management training for law enforcement personnel.*Presented at the American Psychological Association/National Institute of Occupational Safety and Health Conference, Washington, DC.
- Abernethy, A. D. (1992, August). *An Afrocentric perspective in ethnicity training*. The Association of Black Psychologists, Denver.
- Abernethy, A. D. (1992, June). *An intervention for supervisors of emergency and medical personnel*. Presented to the International Society of Traumatic Stress Studies World Conference, Amsterdam.
- Abernethy, A. D. (1992, June). *Psychotherapy with African Americans: The role of culture and race*. Psychiatry Grand Rounds.
- Abernethy, A. D. (1991, November). *Differing cultural contexts in psychotherapy: A potential barrier or an opportunity*. Genesee Valley Psychological Association, Rochester, NY.
- Abernethy, A. D. (1983, April). *Quest for a contemporary paradigm*. Paper presented at the 1983 Western Psychological Association Convention, San Francisco, CA.
- Abernethy, A. D. (1983, August). *Teaching about ethnic and social communities in the psychology curriculum*. Paper presented at the American Psychological Association Convention, Anaheim, CA.
- Abernethy, A. D. (1985, August). *Hypertension, stress, and affect: A study of anger.* Presented at the 1985 American Psychological Association Convention, Los Angeles, CA.

## **INVITED PRESENTATIONS AND ADDRESSES**

- Abernethy, A. D. (April 2018). *Cultural Competence, Spirituality, and Transcendence in Times of Crisis*. Mid-Atlantic Group Psychotherapy Association, Saint Elizabeths Hospital, Washington, DC.
- Abernethy, A. D. (March 2018). The Use of Metaphors in Bridging Difference in the Treatment of Patients in Psychotherapy. Grand Rounds Presentation, Herrick Hospital, Berkeley, CA.
- Abernethy, A. D. (March 2018). *Using Metaphors to Bridge Cultural Differences in Groups: The Influence of the Therapist's Cultural Narrative.* Group Therapy Training Program Symposium, Oakland, CA.
- Abernethy, A. D., Schnitker, S. Currier, J. M., Putman, K. M., Witvliet, C. V. O., Ro, D., Jones, H., VanHarn, K. J., & Carter, J. (June 2017). *Understanding the role of religious comfort and strain on affective outcomes in an inpatient psychiatric setting*. Paper presented at the 11th Annual Sino-American Cultural Psychology of Religion Conference, Beijing, China.
- Abernethy, A. D. (June 2017). *The use of metaphors in bridging differences.* Northern California Group Psychotherapy Society Specific Interest 2-Day Institute, Oakland, CA.

- Abernethy, A. D. (June 2016). *Addressing spirituality in groups*. Dr. Allen's Community-Based Training. Nassau, Bahamas.
- Abernethy, A. D. (November 2015). Addressing Racial Dynamics in Groups:

  Insights from Neuroscience, Social Psychology, and Interpersonal Approaches. Northern
  California Group Psychotherapy Society Conference, Berkeley, CA.
- Abernethy, A. D. (July 2013) *Understanding Worship and its Potential Associations to Health*. Emerging Tools for Innovative Providers: Interdisciplinary Applications from Spirituality & Health Research, Glendale Adventist/Fuller Theological Seminary, Pasadena, CA.
- Abernethy, A. D. (February 2013). *Martha: Seasons of our Life*. Sermon at Seattle Pacific Chapel. Seattle, WA.
- Abernethy, A. D. (July 2012). *Transformational Worship: Something New.* Sermon at Glendale Presbyterian Church, Glendale, CA.
- Abernethy, A. D. (2007-2011). *Group dynamics*. Clinical Pastoral Education, Providence Health & Services. Glendale, CA.
- Abernethy, A. D. (2007, June). *A living sacrifice: God the author.* Sermon at Baccalaureate Service, Faithful Central Bible Church, Inglewood, CA.
- Abernethy, A. D. (2005, January). Dealing with anger in the workplace: Leadership options. Christian Entrepreneur Organization, Pasadena, CA.
- Abernethy, A. D. (2004, January). *Transformational worship: Conductors or instruments?* Presentation at Calvin Conference on Worship, Calvin College.
- Abernethy, A. D. (2003, July). *Health and transformation in Afro-Christian worship*. Workshop presented at Calvin Summer Seminars, Consultation of Afro-Christian Scholars in Higher Education, Calvin College.
- Abernethy, A. D. (2001, April). *Spirituality and cancer research: Calling, anointing, ministry, and understanding*. 2<sup>nd</sup> Annual Spirituality and Health Conference, Allen Temple Baptist Church, Oakland, CA.
- Abernethy, A. D. (1998, November). *Cultural and religious diversity in women's healing*. Workshop at the 4<sup>th</sup> Annual Helen Barrett Montgomery Institute on Women in Church and Society, Colgate Rochester Divinity School, Rochester, NY.
- Abernethy, A. D. (1997, February). *Improving adherence: Building bridges and addressing barriers, Update on Diabetes and Hypertension.* Continuing Medical Education Conference, Vail, CO.
- Abernethy, A. D. (1996, November). *Managing Stress and Brokenness*. Wellsville United Methodist Church. Corning, NY.
- Abernethy, A. D. (1996, November). Seeking help: Bridging value differences. Association of American Medical Colleges, San Francisco, CA.

- Abernethy, A. D. (1996, November). *Multicultural considerations in health care: Building bridges and addressing barriers.* Monroe County Medical Society, Rochester, NY.
- Abernethy, A. D. (1996, March). *Steps in identifying and managing anger*. Board of Ordained Ministries, Western New York Conference, Batavia, NY.
- Abernethy, A. D. (1995, March). *Identifying and managing stress: Pastors and their Families*. Board of Ordained Ministries, Western New York Conference, Batavia, NY.
- Abernethy, A. D. (1994). *Anger and culture*. Special Education Training Resource Center, Rochester, NY.
- Abernethy, A. D. (1994). *Anger and stress in the classroom*. Special Education Training Resource Center, Rochester, NY.
- Abernethy, A. D. (1994). *Culturally competent psychological evaluation*. Leadership Forum on Clinical Psychology Training, State Office of Mental Health, New York City, NY.
- Abernethy, A. D. (1994). *Incorporating multiculturalism in the medical school curriculum*.

  Association of American Medical Colleges, Organization of Student Representatives, Boston.
- Abernethy, A. D. (1994). Keys to effective anger management. Visiting Nurse Program, Geneva, NY.
- Abernethy, A. D. (1994). *Occupational stress and well-being: Healing gold mines*. CISD Personnel in the Rochester City School District, Rochester, NY.
- Abernethy, A. D. (1993). Occupational stress and well-being. Park Ridge Hospital, Rochester, NY.

## JOURNAL REVIEWER

Psychology of Religion and Spirituality – Ad Hoc Reviewer

Eating Behaviors – Ad Hoc Reviewer

Journal of Psychology and Theology – Ad Hoc Reviewer

Journal of Consulting and Clinical Psychology – Ad Hoc Reviewer

Psychology and Aging – Ad Hoc Reviewer

Social Science and Medicine – Ad Hoc Reviewer

Journal for the Scientific Study of Religion – Ad Hoc Reviewer

Psychosomatics – Ad Hoc Reviewer

Journal of Behavioral Medicine - Ad Hoc Reviewer

American Psychologist - Ad Hoc Reviewer

Journal of Multicultural Counseling and Development - Ad Hoc Reviewer

## **GRANT REVIEWER**

The John Templeton Foundation

## **FELLOWSHIP AWARDS**

Fellow, American Group Psychotherapy Association, (2014-present)

National Cancer Institute Fellow, Minority Investigators Workshop on Behavioral Methodologies, 2007

NIMH Fellowship, Training in Clinical Psychology, 1983-84

Graduate Minority Program Fellowship, Training in Clinical Psychology, 198083

APA Minority Program Fellowship, 198083

National Competitive Scholarship, 197680

## **ACADEMIC HONORS**

Citizen Psychologist Award, American Psychological Association, 2019

Weyerhaeuser Excellence in Teaching Award, Fuller Theological Seminary, 2016.

Paper Citation Recipient, Society of Behavioral Medicine 23<sup>rd</sup> Annual Meeting April, Washington, DC, 2002

James A. Bayton Award for Distinguished Undergraduate Achievement in Psychology, 1980

Beta Kappa Chi, 1980

Psi Chi, Honor Society for Psychology Majors, 1979

Phi Beta Kappa, 1979

## PROFESSIONAL ASSOCIATIONS

| 2017-present | Division 36, American Psychological Association                    |
|--------------|--------------------------------------------------------------------|
| 1999-present | Society of Behavioral Medicine                                     |
| 1999-2003    | Los Angeles Area Group Psychotherapy Association                   |
| 1997-1998    | Division of Psychologists in Public Service, APA                   |
| 1993-present | Society for the Psychological Study of Ethnic Minority Issues, APA |
| 1994-1998    | Rochester Area Group Psychotherapy Association                     |
| 1991-1996    | Association of Black Psychologists                                 |
| 1991-present | American Group Psychotherapy Association                           |
| 1991-1994    | Division of Psychologists in Public Service, APA                   |
| 1988-present | American Psychological Association                                 |
| 1987-1989    | Association of Black Cardiologists                                 |